



For the patient

Sample collection guidelines: Semen testing (post-vasectomy)



Guidelines for the patient

Examination of a semen sample is only possible if the sample has been obtained in accordance with specific regulations.

If you cannot comply with the regulations, no reliable result from the analyses can be expected.

It is recommended that this examination be executed 4 months and 5 months after the vasectomy and thus after 24 ejaculates.

Procedure:

- Firstly, discharge urine.
- Wash hands and genital area thoroughly with soap and water, rinse off soap and dry everything with a fresh towel. Throw the towel in the laundry basket after use.
- Induce the semen sample only by masturbation.
- Dispose of the semen sample directly into the special container provided for that purpose.
- Close the container firmly by twisting the cap.
- With the cap facing upwards, take the container to the laboratory immediately.
- The semen sample should preferably be examined within 1 hour of discharge.
- When handing in the sample, please precisely mention the number of months after vasectomy or, better yet, the date on which the vasectomy was executed.
- You should also mention whether any part of the semen sample has been (accidentally) lost.

This examination cannot be executed during standby duty or on leave days.

In case of doubt, please contact the laboratory by phone in advance.