

These measures apply from 10.1.22. and replace the previous ones.

TESTING: WHEN, HOW, WHERE



YOU HAVE SYMPTOMS?



A COLD



HEADACHE



FEVER



LOSS OF
TASTE / SMELL



PAIN



BREATHING
DIFFICULTIES



FATIGUE



DIARRHEA

Go into isolation and evaluate your symptoms with the self-assessment tool via myhealth.be instead of contacting your general practitioner*

ADVICE NOT TO TEST

You can go out of isolation.

ADVICE TO TEST

Remain in isolation and request a test code via myhealth.be and make an appointment for a PCR test (via myhealth.be) or a rapid test (via specific pharmacists, see www.apotheek.be [NL] or www.pharmacie.be [FR])

TEST RESULT CAN BE OBTAINED VIA MYHEALTH.BE,
THE COVIDSAFE APP OR YOU RECEIVE A TEXT MESSAGE

NEGATIVE

(you are not infected)

You can go out of isolation, but remain extra cautious for 1 week: limit your social contacts, avoid vulnerable people, respect distance, wear your face mask, keep on teleworking.

POSITIVE

(you are infected)

7 days of isolation. Give your contact details to contact tracing via myhealth.be. Isolation ends on day 7 on condition of 3 days without fever and improvement of the symptoms. After that, remain extra cautious for 3 days: limit the number of contacts to the strictly necessary. Wear continuously a mask indoors (preferably FFP2).

*Unless you have no cell phone or PC, if you are in doubt or you are at an increased risk (e.g. pregnancy, heart, kidney, liver or lung disease, cancer patient)



More information on info-coronavirus.be

.be